

Sun-to-Earth Energy!

SOLAR synergy™

SPORTS DRINK

Sun to Earth:
"Keeps You
Competing in the
Human Race"

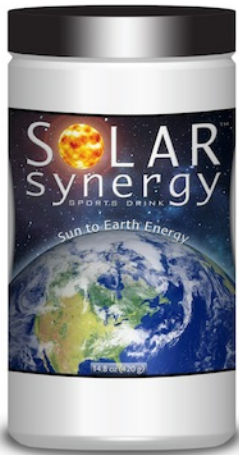


In a room of 100 people, over 80 would be chronically dehydrated without even knowing it and most would be ingesting the antioxidant equivalent of 1/2 a banana each day. This illustrates the pressing need for increased fluid and antioxidant intake among all ages.

For many, this need is fulfilled by drinking overly processed liquids known as sports drinks. The ingredient list on these so called performance enhancing drinks read like carbon copies of one another. Example: *Sucrose syrup (AKA sugar), High Fructose Corn Syrup, Corn Syrup, salt, artificial sweeteners/colors, synthetic minerals, etc.* Not only are these mass



produced sports drinks basically identical to one another, they have a host of ingredients that should never be intentionally ingested by anyone seeking good health.



60 drinks per bottle!

Solar Synergy™ is the answer to a saturated market of unhealthy and overprocessed sports drinks. **Solar Synergy™** combines the best in goat milk minerals with the worlds most powerful botanical superfoods. Comprised of 9 synergistic (working together) superfoods (see back page) **Solar Synergy™** packs an unbeatable antioxidant punch that helps to neutralize dangerous free radicals. This supplement has over 20 bio-organic minerals and electrolytes that have been gently extracted from fresh goat's milk. With a healthy 3:1 ratio of potassium to sodium, this sports drink is the perfect alternative to most recovery liquids which invert this ratio loading up with synthetic sodium (salt) and very little (if any) potassium. The proprietary combination of both simple whole-foods and powerful botanicals found in **Solar Synergy™** is sure to give any athlete, hiker, runner, or cyclist a nutritionally superior edge over traditional and unhealthy sugared sports drinks.



Ben Greenfield, MS, CSCS is a world renowned triathlete and trainer.

Not only do I feel an instant boost in energy levels and mental clarity following my triathlon training routines, but I also find myself earnestly missing my "Magic Elixir" if I ever skip a day of Solar Synergy - Ben Greenfield

How does Solar Synergy™ stack up to other "sports drinks"?	Solar Synergy	Gu Brew	Vitamin Water	Powerade	Gatorade	Cliff Shot Electrolyte
ORAC	+ over 10,000!	⊗ 0	⊗ 0	⊗ 20	⊗ 19	⊗ 0
Potassium/Sodium mg Ratio	+ 312/40	⊗ 40/240	⊗ 0/0	⊗ 24/100	⊗ 30/110	⊗ 50/200
Chloride	⊗ 84 mg	⊗ 0 mg	⊗ 0 mg	⊗ 79 mg	+ 93 mg	⊗ 0 mg
Magnesium	+ 11 mg	⊗ 0 mg	⊗ 0 mg	⊗ 1 mg	⊗ 0 mg	⊗ 0 mg
Calcium	+ 78 mg	⊗ 0 mg	⊗ 0 mg	⊗ 2.5 mg	⊗ 0 mg	⊗ 0 mg
Phosphorus	+ 45 mg	⊗ 0 mg	⊗ 0 mg	⊗ 0 mg	⊗ 0 mg	⊗ 0 mg
Added Sugar	+ 0 g	⊗ 8 g	⊗ 13 g	⊗ 15 g	⊗ 14 g	⊗ 10 mg
All Natural Ingredients	+ Yes	⊗ No	⊗ No	⊗ No	⊗ No	⊗ No
Botanical Superfoods	+ Yes* *see back	⊗ None	⊗ None	⊗ None	⊗ None	+ Yes** **green tea extract

So what makes Solar Synergy™ so potent?

Wellberry™ combines two of nature's most power packed antioxidants for outstanding cellular protection; the superfruit, Indian Gooseberry, and PureWay-C®, the Gold Standard of Vitamin C ingredients. Research has shown that Wellberry™ has a host of benefits such as:

- Helps *prevent* **cellular damage** by *promoting* an **antioxidative environment**
- Helps *slow* the **effects of aging** by *inhibiting* **oxidative damage** to cells and tissues
- *Supports* healthy **immune function**
- *Promotes* a healthy **inflammation response**
- *Supports* **heart health**

Sensoril® is an extract of Ashwagandha, a plant grown in India. Studies have shown that Sensoril®:

- Helps *inhibit* **fatigue, tension** and **exhaustion** from everyday stressors
- Helps *promote* **mental clarity, concentration** and **alertness**
- Helps *enhance* **balanced energy levels** for physical performance and endurance
- *Supports* **healthy cardiovascular function**
- Helps *support* **blood sugar levels** that are already within the normal range

wellness
BLEND



Vitagrape™ offers the many healthy benefits of modern grape science. It contains high levels of proanthocyanidin which has been shown to:

- *Promote* **cardiovascular health**
- *Support* healthy **brain function**
- Help *maintain* healthy **cellular function**
- *Support* healthy **immune response**
- *Promote* healthy **aging**
- Help *maintain* healthy **anti-inflammatory response**
- *Support* healthy **lipid levels**

*detailed white papers available upon request.

berry
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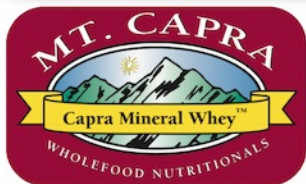
Açaí
Goji
Elder
Aronia

Goji Berries: have strong antioxidant properties as well as high levels of trace minerals and vitamins. Studies have reported possible medicinal benefits of Goji Berries, such as potential benefits against cardiovascular and inflamma-

tory diseases. Goji Berries are one of the richest sources of Zeaxanthin, a healthy carotenoid. **Açaí berries:** This berry is loaded with vitamins and antioxidant power. These antioxidants have been shown to have antioxidant activity against superoxides (free radicals) and peroxy radicals (another form of free radical).

Elderberry: Another antioxidant powerhouse, elderberries have been used in clinical research to fight off sickness. Immune stimulating antioxidants known as flavinoids probably contribute to the wellness enhancing effects of the elderberry.

Aronia berries: These are rich in antioxidants and quercetin and may be beneficial as a dietary preventative for reducing the risk of diseases caused by oxidative stress (aka free radical damage).



mineral
BLEND

Capra Mineral Whey™ contains more than 20 naturally occurring bio-organic minerals from a holistic wholefood source. For centuries, goat's milk whey has been prized for its contribution to health, youthfulness and long life. This highly alkaline mineral/electrolyte supplement comes from the milk of free range goats and is the backbone of Solar Synergy™ and its sun powered energy.

Yacón Leaf: is a perennial plant grown in the Andes of Perú. The leaves of the yacón contain quantities of protocatechuic, chlorogenic, caffeic and ferulic acids, which gives tea made from the leaves prebiotic (aiding in digestion and immune function) and antioxidant properties. As a result, some researchers have explored the use of yacón tea for treating diabetes as well as preventing free radical oxidation.

Sea Buckthorn: The vitamin C levels found in this berry are 12 times higher than that of oranges making it the highest natural source of vitamin C on earth! The berry contains carotenoids, vitamin E, minerals, as well as polyphenolic acids and the high levels of antioxidants give this berry potential to influence inflammation in a positive way.

Lo Han fruit is the size of a small orange and grows in China. Lo Han fruit is 300 times sweeter than cane sugar, but is extremely low in calories. With its low glycemic index and no adverse side effects, it has, in fact, been called the perfect sweetener.

power
BLEND

Yacón Leaf
Sea Buckthorn
Lo Han Fruit

Mt. Capra Products

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- Sensoril® is protected under US Patent 6,713,092 and is a trademark of Natreon, Inc.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.